WAMC-FM broadcasts 365 days a year to eastern New York and western New England on 90.3 MHz. Our studios and offices are in Albany, NY.

The WAMC transmitter is located atop Mount Greylock in Adams, MA. The WAMC-AM transmitter is located in Albany, NY. WAMK’s transmitter is located on Overlook Mountain, Woodstock, NY.

Stations
- WAMC, 90.3 FM, Albany, NY
- WAMC 1400 AM, Albany, NY
- WAMK, 90.9 FM, Kingston, NY
- WOSR, 91.7 FM, Middletown, NY
- WCEL, 91.9 FM, Plattsburgh, NY
- WCAN, 93.3 FM, Canajoharie, NY
- WANC, 103.9 FM, Ticonderoga, NY
- WRUN-FM, 90.3 FM, Remsen-Utica, NY
- WAMQ, 105.1 FM, Great Barrington, MA
- WWES, 88.9 FM, Mt. Kisco, NY
- WANR, 88.5 FM, Brewster, NY
- WANZ, 90.1, Stamford, NY

Translators
- W280DJ, 103.9 FM, Beacon, NY
- W247BM, 97.3 FM, Cooperstown, NY
- W292ES, 106.3 FM, Dover Plains, NY
- W243BZ, 96.5 FM, Ellenville, NY
- W271BF, 102.1 FM, Highland, NY
- W246BJ, 97.1 FM, Hudson, NY
- W204CJ, 88.7 FM, Lake Placid, NY
- W292DX, 106.3 FM, Middletown, NY
- W215BG, 90.9 FM, Milford, PA
- W299AG, 107.7 FM, Newburgh, NY
- W211CE, 90.1 FM, Oneonta, NY
- W257BL, 99.3 FM, Oneonta, NY
- W240CR, 95.9 FM, Peekskill, NY
- W226AC, 93.1 FM, Rensselaer-Troy, NY
- W225BM, 92.9 FM, Scotia, NY
- W296BD, 107.1 FM, Warwick, NY

Help WAMC Go Green!
You may elect to stop receiving our paper program guide, and view it on wamc.org. Call us to be removed from the paper mailing list: 1-800-323-9262 ext. 133
A huge thank you to all of you who put something into the pot to keep the flame alive at WAMC. Your gifts and accompanying messages have been heartwarming. Keeping WAMC going reminds me so much of an old-fashioned barn raising. It’s nothing short of miraculous.

It all began in 1979. I had helped the late director of WAMC, then owned by the Albany Medical College (Did you know that’s what the “AMC” stands for?) to save the station (SOS for “Save Our Station.”) But, as so often happens in life, I got a rock thrown at my head.

Here’s how it went. I was a professor of Political Science at SUNY New Paltz and had developed a program called The Legislative Gazette. It was an internship program, where a group of students spent a semester in Albany and put out a newspaper on state government. I called the WAMC manager, Al Fredette, and asked if he’d be interested in my bringing those young students to WAMC to do a show. He asked what it would cost and I said “Nothing.” With the help of the amazing David Galletly, we were on. Then one day I came into the station and Fredette was crying, head on the desk. When I asked what was wrong, he said that the Albany Medical College could no longer support the station which was being used to facilitate remote learning for doctors, as well as to play classical music. I asked why we couldn’t go on the air and ask for people to support the station. He said that he couldn’t do it but asked me if I would. And that was the first Fund Drive.

Some things happened that weren’t so nice. I had called Maurice Hinchey who then called Pete Seeger and asked if he’d do a benefit. Pete said yes and that he’d bring Arlo Guthrie with him. I was dumbfounded when I was told that the old director had cancelled the Pete concert because “They’re communists!” Unbelievable.

Anyway, we went on the air and within a few days we had raised over $125,000 which was a LOT of money at the time. People came with food and music and the station was saved. But when it was all over, that same director came and told me that they no longer needed me. I had found something I loved, but was dismissed.

At the time, I was consulting for the New York Police Department and I was on the Amtrak, on the way to the city. I was feeling clinically depressed. I wandered into the bar car to get a V8. When I was returning to my seat, a distinguished, white-haired gentlemen called to me. He introduced himself as Dr. Alan Miller and invited me to sit down. He told me I didn’t look well and I told him my troubles. Well, as many of you know, Dr. Alan Miller was the former NYS Commissioner of Mental Hygiene. I had actually quoted him in my doctoral dissertation. He looked at me and told me that he could help. When I asked how, he told me that he was now the Associate Dean of the Albany Medical College. He miraculously gave a small group of us the right to run the radio station, although another broadcaster had offered him and his boss, the amazing Dr. Bob Friedlander, money for the station.

Had I not gone for the V8, we might not be celebrating what we all made together. You can tell me that there isn’t a guiding hand somewhere in all of this, but I won’t believe you. So thank you, dear listeners, for making this station great. You did it and I know that you’ll continue to do even more. Obviously, we have come a long way since then. I can tell you that we are now one of the most listened to stations in our seven-state area. I am glad that I am writing this since I can’t tell this story without getting emotional.
In March we celebrate the coming of spring, a time of renewal. So it’s natural that we should honor those whose take on the role of giving life: women. As we look forward to the vernal equinox, celebrate International Women’s Day, and watch restrictions loosen (even if only slightly) there’s a sense of hope in the air. Oh, and let’s not forget, St. Patrick’s Day.

SPECIAL PROGRAMMING

While performances may not be live at the opera house, the Met Opera’s complete 2021 Saturday matinee radio broadcast season runs through June 5 with special encore broadcasts. These encore broadcasts feature new commentary and intermission content from host Mary Jo Heath, commentator Ira Siff and the Met radio team.

This month we’ll listen to: Bizet’s “Carmen,” a performance from 2014, on March 6; Mozart’s “Le Nozze Di Figaro,” a performance from 2018, on March 13; Rossini’s “Le Comte Ory,” a performance from 2013 on March 20; and Mozart’s “Don Giovanni,” a performance from 2012, on March 27.

For the full Met Opera 2021 Radio schedule please visit metopera.org. Airing Saturdays at 1 p.m.

REGULAR PROGRAMMING

This month The Academic Minute will kick off March with Spelman College Week. We’ll discuss: the research of five Spelman professors on using media to spur entrepreneurship; how to keep Black women in STEM careers; the coordination skills of toddlers; the history of Black Union Army widows; and photography, text and color.

Other interesting segments to come include: quilting to improve communication about science; the new concept of digital self-harm; and why women are leaving work to stay at home during the pandemic.

Stay tuned all month long to The Academic Minute each Monday-Friday at 7:30 a.m. and 3:56 p.m. on WAMC or anytime online at academicminute.org.

This month on Person Place Thing, host Randy Cohen speaks with two-time U.S. poet laureate and author of the harrowing memoir “Memorial Drive,” Natasha Trethewey, on March 5; trumpet player/composer Terence Blanchard, best known for his scores for the last bunch of Spike Lee movies on March 12; format breaking trumpeter-composer then continues with Herb Alpert on March 19, and architect Moshe Safdie, who’s created buildings from Montreal (Habitat 67) to Singapore (Jewel Changi Airport), on March 26. “Person Place Thing” airs Fridays at 10:30 p.m.

On Earth Wise, host Randy Simon explains how aircraft emissions affect climate change and what is being done to reduce those emissions; how during their 50-year lifetime, a single female loggerhead will produce over 4,000 eggs and scatter them at 40 different sites; and how food waste can be used to help grow food. “Earth Wise” airs daily at 11:10 a.m. and 4:04 p.m.

Large events at The Linda, WAMC’s Performing Arts Studio, are postponed until further notice. The Linda will continue its performances online with Open for Takeout. The Virtual Concert Series with performances every Monday night at 8. Please visit thelinda.org for more details, updates and information and look out for upcoming streaming concerts.

Be sure to subscribe to the WAMC News Podcast for our most interesting stories from across the Northeast, in-depth interviews with newsmakers, and other special segments. If you love Midday Magazine and Northeast Report but can’t always listen on air, the WAMC News Podcast is a perfect way to catch up! wamcpodcasts.org/wamc-news-podcast/

Sign up for Airwaves, our weekly newsletter for program updates and follow us on Twitter @ WAMCRadio, Facebook @WAMCRadio and Instagram @ wamcradio for the latest news and station info.
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3.3.21 Musicians of Ma'alwyck from January 4, 2021 and Sten and Maria from October 18, 2019

3.7.21 Musicians of Ma'alwyck from January 4, 2021 Sten and Maria from October 18, 2019 (repeat broadcast)

3.10.21 Suitcase Junket from April 28, 2017 and Useless Cans from March 3, 2016

3.14.21 Suitcase Junket from April 28, 2017 and Useless Cans from March 3, 2016 (repeat broadcast)

3.17.21 Mark Mulcahy wsg Phillip B. Price from October 10, 2019

3.21.21 Mark Mulcahy wsg Phillip B. Price from October 10, 2019 (repeat broadcast)

3.24.21 The Skatalites with special guests Taj Weeks and Adowa from September 14, 2018

3.28.21 The Skatalites with special guests Taj Weeks and Adowa from September 14, 2018 (repeat broadcast)

3.31.21 Willie Nile from May 26, 2018 and Andrew Mirabile from November 17, 2019
THE ACADEMIC MINUTE
Weekdays, 7:30am and 3:56pm
Leading experts explain their research and discoveries to an engaged listening audience. E-mail: academicminute@wamc.org. www.academicminute.org

AFROPOP WORLDWIDE
Sundays, 4–5pm
George Collinet hosts this mix of world music from Africa, the Caribbean and the Americas. Tapes are not available. www.afropop.org

ALL THINGS CONSIDERED
Weeknights, 4–6:00pm
Saturdays and Sundays, 5–6pm
Tapes and transcripts are available. www.npr.org/programs

ALTERNATIVE RADIO
Mondays, 8pm-9pm. For discs write to PO Box 551, Boulder, CO 80306, call (800) 444-1977 www.alternativeradio.org.

AMERICAN ROUTES
Saturdays at 6pm
A two-hour program produced, presenting a broad range of blues and jazz, gospel and soul, old-time country and rockabilly, Cajun and zydeco, Tejano and Latin, roots rock and pop, avant-garde and classical. www.americanroutes.wwno.org

AS IT HAPPENS
Weeknights, 11pm–12midnight
A nightly international news magazine from the CBC covering major stories from Canada and around the world. www.radio.cbc.ca/programs/asithappens

BBC WORLD SERVICE
Weekdays, 12–5am
Saturdays, 5–5:30am and Sundays, 5–6am
The latest news from the BBC.

BBC THE WORLD TODAY
Tuesday–Saturday, 12midnight–1am
The latest news from the BBC. E-mail: world.services.letters@bbc.co.uk www.bbc.co.uk/worldservice

BEALE STREET CARAVAN
WAMC HD2 - Sundays, 11pm–midnight
Hosted by Pat Mitchell, each program presents seasoned veterans alongside up and coming artists recorded at festivals and venues throughout the United States. www.bealestreetcaravan.com

THE BEST OF OUR KNOWLEDGE
Fridays at 3pm on WAMC AM 1400
Bob Barrett hosts this look at the latest developments in the halls of academe. E-mail: knowledge@wamc.org. www.wamc.org/programs/best-our-knowledge-wamc

THE BOOK SHOW
Tuesdays, 3:05–3:30pm
Repeated Thursdays at 8:30pm
Joe Donahue hosts this weekly half-hour of literary interviews with acclaimed authors. http://wamc.org/programs/book-show-wamc

THE CAPITOL CONNECTION
Thursdays, 3pm, Saturdays 5:30am
Alan Chartock’s weekly talk with political notables. www.wamc.org/programs/capitol-connection-wamc

COMMONWEALTH CLUB
Wednesdays, 1pm-2pm. Call (800) 933-7548 or visit www.commonwealthclub.org

CLASSICAL 24
WAMC HD2 - Weekdays, 2am-4am
Two hours of the greatest classical music ever recorded. Classical 24 is produced by American Public Media and distributed by Public Radio International.

CLASSICAL NEW ENGLAND WITH THE BSO
Sundays, 8pm-10pm (not aired during Tanglewood season)
Classical performances from the Boston Symphony Orchestra. During Tanglewood season, this show will be replaced by Live at The Linda broadcasts.

CONCERTS FROM TANGLEWOOD (Airs in June, July & August)
Friday & Saturday at 8pm-10:30pm and Sunday 2:30-5pm
Live concerts featuring the legendary Boston Symphony Orchestra. Program airs in July and August.

EARTH WISE
Weekdays 11:10am and 4:04pm
From green business and new environmental legislation to how nature impacts our environment in ways never before considered, Earth Wise offers a look at our changing world. Hosted by Randy Simon http://earthwisersradio.org/

ECHOES
WAMC HD2 - Weekdays, 12am-1am
Hosted by John Diliberto, Echoes brings together a wide array of styles, from acoustic to electronic, jazz to space music, the avant-garde to rock. www.echoes.org

51%
Thursdays, 8:05–8:30pm
Repeated Wednesdays at 3:05pm
Allison Dunne explores important issues of particular interest to women. www.wamc.org/programs/51-wamc
FREAKONOMICS RADIO
Freakonomics Radio ferrets out connections between seemingly unrelated things. The program explores the riddles of everyday life and the weird wrinkles of human nature — from cheating and crime to parenting and sports — using the tools of economics to explore real-world behavior. Host Stephen J. Dubner discovers the hidden side of everything in interviews with Nobel laureates and provocateurs, social scientists and entrepreneurs — and with his “Freakonomics” co-author Steve Levitt.
http://freakonomics.com/

FRESH AIR
Weekdays, 7–8pm
Hosted by Terry Gross, this daily interview and features program provides a fresh look at contemporary culture. Email: freshair@whyy.org.

GRATEFUL DEAD HOUR
Sundays, 10–11pm
Hosted by David Gans, this program features classic performances by the Dead and their fellow travelers.
www.gdhour.com

HERE AND NOW
WAMC HD2 - Weekdays, 12–2pm
Hosted by Robin Young and Jeremy Hobson. A distinctive mix of hard news and rich conversation featuring interesting players from across the spectrum of arts and culture, business, technology, science and politics.
http://hereandnow.wbur.org

HUDSON RIVER SAMPLER
Saturdays, 8–10:00pm
Wanda Fischer hosts a program of the very best folk, bluegrass and blues music. Note: During Tanglewood Season (July and August) Hudson River Sampler may be heard on WAMC HD2

JAZZ AFTER HOURS
Saturdays, 1–5am, Sundays, 12midnight–5am
Jim Wilke hosts this program of jazz recordings.
www.jazzafterhours.com

JAZZ NIGHT IN AMERICA
WAMC HD2 - Sundays, 9pm-10pm
The show presents content from across the nation on multiple platforms, and we’ll hear storytelling around amazing concert performances including the artists, the venues, the fans, and the larger dynamics at play. Hosted by Christian McBride.

LATINO USA
WAMC HD2 - Saturdays, 1pm-2pm
The foremost Latino voice in public media. Hosted by Maria Hinojosa.
www.latinousa.org

LE SHOW
Sundays, 1–2pm
Hosted by Harry Shearer, this weekly show takes a humorous and satirical look at the news.
http://harryshearer.com/le-show/

LEGISLATIVE GAZETTE
Fridays, 10:00pm
Repeated Saturdays at 5:30am
The WAMC news team takes you inside New York State government.
www.wamc.org/programs/legislative-gazette-wamc

LIVING ON EARTH
Saturdays, 6:05–7am
Repeated Tuesdays at 10pm
Environmental news and information program hosted by Steve Curwood. Phone: (800) 218-9988. E-mail: letters@loe.org. Web: www.loe.org

MARKETPLACE
Weekday mornings, 7:50–8am and 8:50am
Weekday evenings, 6:30–7pm
Marketplace AM highlights overnight developments in the business world.

MARKETPLACE WEEKEND
Sundays, 7–8am
Repeated Fridays at 9pm
A look at the major national and international stories that will impact the average listener’s wallet.
www.marketplacemoney.org

THE MEDIA PROJECT
Sundays, 6pm
Repeated Mondays at 3:05pm
An inside look at media coverage of current events, with Alan Chartock, Ira Fusfeld, and Rosmary Armao, with host Rex Smith. Phone: (800) 323-9262.
http://wamc.org/programs/media-project

METROPOLITAN OPERA
Saturday Afternoons, December – May
Live and archived broadcasts from The Metropolitan Opera. Broadcasts usually begin at 1pm. Broadcast times and details are in the Programming Notes.

MIDDAY MAGAZINE
Weekdays, 12noon–1pm
Brian Shields anchors an hour of regional and national news, weather and features.
http://wamc.org/programs/midday-magazine-wamc

THE MOTH RADIO HOUR
Friday , 1pm-2pm
True stories told live on stage without scripts, notes, props, or accompaniment. Humorous and heartbreaking tales told with honesty, bravery and wit.
https://www.themoth.org/
MOUNTAIN STAGE
Mondays, 9–11pm
Performances by contemporary folk, rock, and country artists.
Web: www.mountainstage.org

MUSIC FROM THE HEARTS OF SPACE
Sundays, 11pm–12 midnight
Stephen Hill offers ethereal late-night listening.
www.hos.com

NEW YORKER RADIO HOUR
Saturdays at 10 a.m.
Produced by The New Yorker and WNYC Studios.
http://www.wnyc.org/shows/tnyradiohour/

ON POINT
WAMC HD2 - Weekdays, 10 am–12 pm
Hosted by award-winning journalist Tom Ashbrook. On Point features lively conversation with writers, politicians, journalists, artists, scientists and ordinary citizens from around the world.

PAUL CAIANO’S WAMC REGIONAL FORECAST
Weekdays, 6:53am and 12:25pm
Every weekday morning. Paul Caiano is a meteorologist at WNYT Newschannel 13.

PERSON PLACE THING
Fridays 10:30pm-11pm
Hosted by Randy Cohen. Guests talk about a person, a place, and a thing they find meaningful. The results: surprising stories from great talkers.
personplacething.org

PULSE OF THE PLANET
Weekdays, 11:20am
Weekends, 8:35am
A two minute sound portrait of Planet Earth, tracking the rhythms of nature, culture and science.
www.pulseplanet.com

Q
WAMC HD2 - Weekdays, 3-4pm
Q covers pop culture and high arts alike with forays into the most provocative and compelling cultural trends.

RADIO DELUXE (pre-empted during Met Opera season)
Saturdays, 2 pm–4pm
Singer/guitarist John Pizzarelli takes listeners on a 2-hour tour through the great American songbook.
www.radiodeluxe.com

RADIOLAB
Mondays 1-2pm
Each hour we take a big idea, so big that it lives everywhere, hiding in a thousand places under different names, and we chase that idea, going wherever whim takes us. Hosted by Jad Abumrad and Robert Krulwich.
www.radiolab.org/

REVEAL
Reveal is a weekly, one-hour investigative reporting program from The Center for Investigative Reporting and PRX. It was created as a monthly program in 2015 and launched as a weekly on over 200 stations in January 2016. The first pilot program won a Peabody Award. Award winning producer Al Letson is the host of the show.

THE ROUNDTABLE
Weekdays, 9am-12 pm
Joe Donahue and collaborators offer this mix of news, interviews and more.
www.wamc.org/roundtable

ROUNDTABLE PANEL: THE WEEK IN REVIEW
Saturdays at 7 a.m.
The show brings weekend listeners portions of the current events discussions that aired on The Roundtable during the week. Assorted panelists join Alan Chartock and Joe Donahue for a spirited and informative conversation. The show features your favorite panelists discussing the most important issues of the week, giving you a chance to catch up, ponder or reconsider.

SELECTED SHORTS
Sundays, 11am–12noon
Repeated Wednesdays at 10pm
A match of Oscar and Tony Award winning actors with short stories by contemporary and classic authors.
www.symphonyspace.org

THE SLOWDOWN
Weekdays at 11:50 a.m.
The Slowdown encourages audiences to take five minutes out of their busy days to think deeply about the world around them. Hosted by U.S. Poet Laureate Tracy K. Smith, the weekday module will be welcomed by poetry readers – and introduce those new to the craft a broader and more diverse perspective than is commonly presented.
www.apmpodcasts.org/slowdown

SNAP JUDGEMENT
WAMC HD2 - Saturdays, 1pm-2pm
Telling intriguing stories about extraordinary and defining events in people’s lives. Hosted by Glynn Washington.
www.snapjudgment.org

STAR DATE
Weekdays, 5:05am and 12:45pm
Astronomical information and current events. From the University of Texas at Austin McDonald Observatory.
www.stardate.org

STRANGE UNIVERSE WITH BOB BERMAN
Sundays, 9:35am
Astronomer Bob Berman explains it all.
http://wamc.org/topic/strange-universe-bob-berman
THE SPLENDID TABLE
WAMC FM - 3pm, WAMC HD2 - Thursdays, 9am / Sundays, 11am
Hosted by award-winning food writer Francis Lam, has been celebrating the intersection of food and life for more than two decades. A culinary, culture and lifestyle program, it has hosted our nation’s conversations about cooking, sustainability and food culture and has introduced us to generations of food dignitaries.
https://www.splendidtable.org/

TED RADIO HOUR
Saturdays, 1-2 pm
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A journey through fascinating ideas, astonishing inventions, and new ways to think and create. Based on riveting TED Talks from the world’s most remarkable minds.

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WAMC HD2 - Weekdays, 4–5pm
Capturing the headlines, issues and pleasures relevant to multicultural life in America. Hosted by award-winning journalist Michel Martin.

THIS AMERICAN LIFE
Fridays, 8–9pm. Repeated Saturdays at 4pm
Ira Glass hosts this weekly suite of radio storytelling.
www.thislife.org

THE THISTLE AND SHAMROCK
Sundays, 7–8pm
Celtic music and culture are presented by Scotswoman Fiona Ritchie

THE TIM COAKLEY JAZZ SHOW
Saturdays, 11:00pm–12 midnight
A mixture of jazz old and new, hosted by WAMC’s Tim Coakley.
Playlists:
www.wamc.org/programs/tim-coakley-jazz-show-wamc

TRAVEL WITH RICK STEVES
Sundays, 6am-7am
Span the globe with guidebook author and travel TV host Rick Steves.
https://www.ricksteves.com/

VOX POP
Monday–Friday, 2–3pm
WAMC’s live call-in program exploring a variety of issues. Mondays are “Medical Mondays” – Fridays are “Food Fridays”
Phone: (800) 348-2551.
www.wamc.org/programs/vox-pop-wamc

WAIT, WAIT...DON’T TELL ME
Saturdays, 11am–12noon. Repeated Thursdays at 9pm
A quiz program, hosted by Peter Sagal. Listeners test their knowledge against some of the best and brightest in the news and entertainment world while figuring out what’s real news and what’s made up.
http://www.npr.org/programs/wait-wait-dont-tell-me/

WAMC BLUEGRASS TIME
Saturdays, 10pm – 11pm
Nick Barr hosts this blend of bluegrass music featuring the classics from the masters all the way to the current “hits”. Playlists:
www.wamc.org/programs/wamc-bluegrass-time-wamc

WAMC IN “CONVERSATION WITH…”
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Alan Chartock talks with authors, politicians, artists and other notables.

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www.wamc.org/programs/wamc-northeast-report-wamc

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Host Sarah McConnell takes listeners along as she examines a wide range of topics with leading scholars.
www.withgoodreasonradio.org

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WAMC HD2 - Weekdays, 5pm-6pm
PRI’s The World is a one-hour, weekday radio news magazine offering a mix of news, features, interviews, and music from around the globe.
www.theworld.org

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Tuesdays at 8 pm
Hosted by Jian Ghomeshi. Covering pop culture and high arts alike with forays into the most provocative and compelling cultural trends.
Spring is just around the corner. That means home repairs, renovations or relocations could be in the near future. Whether you’re just doing some yard work around the house, remodeling a kitchen or bathroom or looking for a new place to call home, our Underwriters can help. Below are just a handful of the various businesses that support WAMC and can help in your home endeavors.
For a full listing of Underwriters please visit our Underwriting Directory.

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